

## **Jay Z Shares His Thoughts on Music, Sports, Relationships and Life in a One-Hour Original Special 'FOOD FOR THOUGHT: CONVERSATIONS WITH JAY Z' Premiering Thursday, September 10 at 7:00 p.m.**

NEW YORK, Sept. 10 -- BET will interrupt its wildly popular daily series, 106 & PARK to bring you Jay Z - uncut, uncensored and surprisingly open about his life experiences. "FOOD FOR THOUGHT: CONVERSATIONS WITH JAY Z" will premiere exclusively on BET, Thursday, September 10, 2009 at 7:00 p.m.\* Join NY radio personality, Angie Martinez; sports commentator, Stephen A. Smith and music journalist, Harry Allen as they share an intimate lunch with Jay Z taped at Sequoia's restaurant on Pier 17, South Street Seaport in New York City.

(Photo: <http://www.newscom.com/cgi-bin/prnh/20090910/NE73762> )

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Jay Z eloquently touches on his highly anticipated release of the Blueprint 3, which debuts September 11; his recent meeting with Oprah in Brooklyn, his dinner meeting with President Barack Obama, his marriage to Beyonce, and how he's aging gracefully in this industry as he approaches 40. No topic is off limits.

\*All times ET/PT

### *About BET Networks*

BET Networks, a division of Viacom Inc. (NYSE: VIA, VIA.B), is the nation's leading provider of quality entertainment, music, news and public affairs television programming for the African-American audience. The primary BET channel reaches more than 98 million households and can be seen in the United States, Canada, the Caribbean, the United Kingdom and sub-Saharan Africa. BET is the dominant African-American consumer brand with a diverse group of businesses extensions: BET.com, a leading Internet destination for Black entertainment, music, culture, and news; BET Digital Networks - BET J, BET Gospel and BET Hip Hop, attractive alternatives for cutting-edge entertainment tastes; BET Home Entertainment, a collection of BET-branded offerings for the home environment including DVDs and video-on-demand; BET Mobile, which provides ringtones, games and video content for wireless devices; and BET International, which operates BET in the United Kingdom and oversees the extension of BET network programming for global distribution.

### SOURCE BET Networks

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